

## January 2024

CY Courtyard Living Room DR Dining Room SR Soothing Room OS Off Site

BS Beauty Salon SP On-Site Spa Room

★ Spa Day

CR Large Conference Room ♥ Beauty Salon

✓ Medical Staff Help ☐ OUTINGS SUBJECT TO CHANGE

at Lexington						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY NEW YEAR	New Year's Day  9:30 Rolling Hydration Station Rounds  10:00 Puzzle Pass  11:00 Puzzle Pass  1:30 DR Craft Class: Neighborhood One  2:45 DR Craft Class: Neighborhood Two	National Science Fiction Day 2 9:30 Rolling Hydration Station Rounds 10:15 Sensory 11:00 Cognitive White Board 1:30 BINGO Neighborhood One 3:15 BINGO Neighborhood Two	International Mind-Body Awareness Day 9:00 BS Salon Day 9:30 Rolling Hydration Station Rounds 10:00 OS Adventure Outing ☐ 10:30 Balloon Swat ✓ 2:00 Fitness with T! Bodies In Motion~ Dining Room 4:00 Trivia	National Trivia Day  9:30 Rolling Hydration Station Rounds  10:00 SP In-House Spa/Nail Day★  11:00 SP In-House Spa/Nail Day★  1:30 SP In-House Spa/Nail Day★  2:00 Exercise Class	National Whipped Cream Day!  9:00 BS Salon Day♥  9:30 Rolling Hydration Station Rounds  10:15 Hungry Hippo Game  11:00 Hungry Hippo Game  1:30 BINGO Neighborhood One  3:15 BINGO Neighborhood Two	National Cuddle Up Day  10:00 LR Balloon Swat ✓  11:00 CY Beach Ball Toss ✓  3:00 LR Birdwatching  4:00 SR Read and Relax
National Bobblehead Day 7 10:00 CY Walk and Talk ✓ 11:00 LR Worship Service ✓ 3:00 DR Music/Dance N1/N2 ✓ 4:00 SR 1:1 With Friends	9:30 Rolling Hydration Station Rounds 10:00 Puzzle Pass 11:00 Puzzle Pass 1:30 DR Craft Class: Neighborhood One 2:45 DR Craft Class: Neighborhood Two	B Law Enforcement Appreciation 9 Day  9:30 Rolling Hydration Station Rounds 10:15 Sensory 11:00 Cognitive White Board 1:30 BINGO Neighborhood One 3:15 BINGO Neighborhood Two	National Houseplant Appreciation Day  9:00 BS Salon Day  9:30 Rolling Hydration Station Rounds  10:00 OS Adventure Outing ☐  10:30 Balloon Swat ✓  2:00 Fitness with T! Bodies In Motion~ Dining Room  4:00 Trivia	National Human Trafficking 11 Awareness Day 9:30 Rolling Hydration Station Rounds 10:00 SP In-House Spa/Nail Day★ 11:00 SP In-House Spa/Nail Day★ 1:30 SP In-House Spa/Nail Day★ 3:00 DR Tour Around The World~	National Pharmacist Day  9:00 BS Salon Day  9:30 Rolling Hydration Station Rounds  10:15 Hungry Hippo Game  11:00 Hungry Hippo Game  1:30 BINGO Neighborhood One  3:15 BINGO Neighborhood Two	National Gluten Free Day  10:00 LR Balloon Swat   11:00 CY Beach Ball Toss   3:00 LR Birdwatching  4:00 SR Read and Relax
National Dress Up Your Pet Day 14 10:00 CY Walk and Talk ✓ 11:00 LR Worship Service ✓ 3:00 DR Music/Dance N1/N2 ✓ 4:00 SR 1:1 With Friends	Martin Luther King Jr. Day  9:30 Rolling Hydration Station Rounds  10:00 Puzzle Pass  11:00 Puzzle Pass  1:30 DR Craft Class: Neighborhood One  2:45 DR Craft Class: Neighborhood Two	National Nothing Day  9:30 Rolling Hydration Station Rounds  10:15 Sensory  11:00 Cognitive White Board  1:30 BINGO Neighborhood One  3:15 BINGO Neighborhood Two	Museum Selfie Day  9:00 BS Salon Day  9:30 Rolling Hydration Station Rounds  10:00 OS Adventure Outing □  10:30 Balloon Swat ✓  2:00 Fitness with T! Bodies In Motion~ Dining Room  4:00 Trivia	National Thesaurus Day  9:30 Rolling Hydration Station Rounds  10:00 SP In-House Spa/Nail Day★  11:00 SP In-House Spa/Nail Day★  1:30 SP In-House Spa/Nail Day★  2:00 Exercise Class	National Popcorn Day  9:00 BS Salon Day  9:30 Rolling Hydration Station Rounds  10:15 Hungry Hippo Game  11:00 Hungry Hippo Game  1:30 BINGO Neighborhood One  3:15 BINGO Neighborhood Two	National Cheese Lovers Day  10:00 LR Balloon Swat ✓  11:00 CY Beach Ball Toss ✓  3:00 LR Birdwatching  4:00 SR Read and Relax
10:00 CY Walk and Talk ✓ 11:00 IR Worship Service ✓ 3:00 DR Music/Dance N1/N2 ✓ 4:00 SR 1:1 With Friends	9:30 Rolling Hydration Station Rounds 10:00 Puzzle Pass 11:00 Puzzle Pass 1:30 DR Craft Class: Neighborhood One 2:45 DR Craft Class: Neighborhood Two	9:30 Rolling Hydration Station Rounds 10:15 Sensory 11:00 Cognitive White Board 1:30 BINGO Neighborhood One 3:15 BINGO Neighborhood Two	9:00 BS Salon Day♥ 9:30 Rolling Hydration Station Rounds 10:00 OS Adventure Outing □ 10:30 Balloon Swat ✓ 2:00 Fitness with T! Bodies In Motion~ Dining Room 4:00 Trivia	9:30 Rolling Hydration Station Rounds 10:00 SP In-House Spa/Nail Day★ 11:00 SP In-House Spa/Nail Day★ 1:30 SP In-House Spa/Nail Day★ 3:00 DR Tour Around The World~	9:00 BS Salon Day  9:30 Rolling Hydration Station Rounds  10:15 Hungry Hippo Game 11:00 Hungry Hippo Game 1:30 BINGO Neighborhood One 3:15 BINGO Neighborhood Two	National Chocolate Cake Day  10:00 LR Balloon Swat   11:00 CY Beach Ball Toss   3:00 LR Birdwatching  4:00 SR Read and Relax
National Daisy Day  10:00 CY Walk and Talk ✓  11:00 LR Worship Service ✓  3:00 DR Music/Dance N1/N2 ✓  4:00 SR 1:1 With Friends	9:30 Rolling Hydration Station Rounds 10:00 Puzzle Pass 11:00 Puzzle Pass 1:30 DR Craft Class: Neighborhood One 2:45 DR Craft Class: Neighborhood Two	National Croissant Day 30 9:30 Rolling Hydration Station Rounds 10:15 Sensory 11:00 Cognitive White Board 1:30 BINGO Neighborhood One 3:15 BINGO Neighborhood Two	National Hot Chocolate Day 31  9:00 BS Salon Day  9:30 Rolling Hydration Station Rounds  10:00 OS Adventure Outing □  10:30 Balloon Swat ✓  2:00 Fitness with T! Bodies In Motion ~ Dining Room  4:00 Trivia  5:00 CR Support Group Meeting ~	NATIONAL LAW ENFORCEMENT APPRECIATION DAY	MARTIN LUTHER KING JR. DAY	HOT CHOCOLATE day JANUARY 31